

## 2024 FMS Track and field season calendar

# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Practice @ FMS 3:30 to 5:30 pm	5 Practice @ FHS 3:30 to 5:30 pm	6 Practice @ FHS 3:30 to 5:30 pm	7 Practice @ FHS 3:30 to 5:30 pm	8 Practice @ FMS 3:30 to 5:00 pm  Parent meeting 5:00 to 5:30 pm FMS gym	9 Optional practice @ FHS 9:00 am to 10:00 am
10 Team store closes at 11:59 pm	11 Practice @ FHS 3:30 to 5:30 pm  Picture Day!	12 Practice @ FHS 3:30 to 5:30 pm	13 Practice @ FHS 3:30 to 5:30 pm	14 Practice @ FHS 3:30 to 5:30 pm	15 High school home meet No practice  Volunteers needed	16 Optional practice @ FHS 9:00 am to 10:00 am
17	18 Practice @ FHS 3:30 to 5:30 pm	19 Practice @ FHS 3:30 to 5:30 pm	20 Practice @ FHS 3:30 to 5:30 pm	21 Practice @ FHS 3:30 to 5:30 pm	22 <b>Montgomery county meet BLT – 2:30 pm MT – 4:15 pm</b>	23
24	25 Optional practice @ FHS 9:00 am to 10:00 am	26 Optional practice @ FHS 9:00 am to 10:00 am	27 Optional practice @ FHS 9:00 am to 10:00 am	28 Optional practice @ FHS 9:00 am to 10:00 am	29 Optional practice @ FHS 9:00 am to 10:00 am	30

All information regarding the FMS track team can be found at [www.fmstrack.weebly.com](http://www.fmstrack.weebly.com)

X - @CoachGYates #fmstrack

Remind code: text the message "@fmst24" to "81010"

2024 FMS Track and field season calendar

## April/May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Practice @ FHS 3:30 to 5:00 pm	2 <b>Osage Open</b> <b>BLT – 1:45 pm</b> <b>Meet time – 4:00 pm</b>	3 Practice @ FHS 3:30 to 5:00 pm	4 Practice @ FHS 3:30 to 5:00 pm	5 <b>Eldon</b> <b>Invitational</b> <b>BLT 1:00 pm</b> <b>Meet time – 3:00 pm</b>	6
7	8 <b>FMS</b> <b>Invitational</b> <b>BLT – 2:50 pm</b> <b>Meet time – 4:00 pm</b>	9 Practice @ FHS 3:30 to 5:00 pm	10 Practice @ FHS 3:30 to 5:00 pm	11 Practice @ FHS 3:30 to 5:00 pm	12 Practice @ FHS 3:30 to 5:00 pm	13
14	15 Practice @ FHS 3:30 to 5:00 pm	16 <b>Callaway</b> <b>County</b> <b>@New</b> <b>Bloomfield</b> <b>BLT – 2:20 pm</b> <b>Meet time – 4:00 pm</b>	17 Practice @ FHS 3:30 to 5:00 pm	18 <b>Linn</b> <b>Invitational</b> <b>BLT – 1:30 pm</b> <b>Meet time – 3:30 pm</b>	19 No School No practice	20
21	22 Practice @ FHS 3:30 to 5:00 pm	23 Practice @ FHS 3:30 to 5:00 pm	24 <b>Mexico Relays</b> <b>BLT – 2:00 pm</b> <b>Meet time – 3:30 pm</b>	25 Practice @ FHS 3:30 to 5:00 pm	26 Home high school meet No practice  Volunteers needed	27 <b>NCMC Meet</b> <b>@Moberly</b> <b>BLT – 8:00 am</b> <b>Meet time – 10:00 am</b>
28	29 Practice @ FHS 3:30 to 5:00 pm	30 <b>Centralia MS</b> <b>Meet</b> <b>BLT – 2:00 pm</b> <b>Meet time – 4:00 pm</b>	May 1 Practice @ FHS 3:30 to 5:00 pm	May 2 <b>Montgomery</b> <b>Quad</b> <b>BLT – 2:30 pm</b> <b>Meet time – 4:15 pm</b>	May 3 Ice cream social Uniform turn in FMS pole barn	